

Stanly County Senior Nutrition—August 2022

Mon	Tue	Wed	Thu	Fri
<p style="text-align: right;">1</p> <p>Barbeque Chicken Peas & Carrots Yellow Rice Wheat Roll Cupcake Fruit</p>	<p style="text-align: right;">2</p> <p>Sliced Ham w/raisin & brown sugar sauce Steamed Cabbage Great Northern Beans Pineapple Angel Food Cake</p>	<p style="text-align: right;">3</p> <p>Turkey breast w/gravy Broccoli/Cauliflower salad Mashed Sweet Potatoes Biscuit Margarine Fruit</p>	<p style="text-align: right;">4</p> <p>Salisbury Steak w/gravy Mixed Vegetables Mashed Potatoes Mini Yeast Roll Margarine 2 cookies</p>	<p style="text-align: right;">5</p> <p>Baked Chicken Bites California Blend Vegetables Buttered Pasta Wheat Roll Margarine Orange Slices Honey Mustard Sauce</p>
<p style="text-align: right;">8</p> <p>Baked Spaghetti Peas Tossed Salad w/cucumbers & tomatoes Wheat Roll Margarine Fruit Fat Free Dressing</p>	<p style="text-align: right;">9</p> <p>Beef Stew w/ peas&carrots Baby Limas Rice Biscuit Margarine Sliced Oranges</p>	<p style="text-align: right;">10</p> <p>Baked Chicken Breast W/Bun Roasted Red Potatoes Lettuce & Tomato 3 Bean Salad Warm Fruit Crisp</p>	<p style="text-align: right;">11</p> <p>Pulled Pork w/ Bun Coleslaw Baked Lays Warm Cinnamon Apples</p>	<p style="text-align: right;">12</p> <p>Chicken Fajitas (Tortilla) Mexican Rice Sautéed Peppers & Onions Lettuce/Tomato/Cheese Peaches</p>
<p style="text-align: right;">15</p> <p>Chicken Pasta Casserole Broccoli 2 Cookies Fruit</p>	<p style="text-align: right;">16</p> <p>Cheeseburger w/ Bun Baked Beans Lettuce & Tomato Fruit</p>	<p style="text-align: right;">17</p> <p>Beef Soft Taco (Tortilla) Mexican Rice Pimento Corn Lettuce/Tomato/Cheese Cinnamon Applesauce</p>	<p style="text-align: right;">18</p> <p>Pork BBQ w/ Bun Coleslaw Parsley Potatoes 2 Cookies</p>	<p style="text-align: right;">19</p> <p>Pinto Beans Vegetable Blend w/ Carrots Macaroni & Cheese Mini Yeast Roll Margarine Orange Slices</p>
<p style="text-align: right;">22</p> <p>Spaghetti w/ Meat Sauce Zucchini & Onions Tossed Salad w/ Cucumbers & Tomatoes 2 cookies Fat Free Salad Dressing</p>	<p style="text-align: right;">23</p> <p>Chicken Noodle Casserole Peas Carrots Wheat Roll Margarine Yogurt</p>	<p style="text-align: right;">24</p> <p>Sliced Ham Sweet Potatoes Green Beans Dinner Roll Margarine Orange Slices Cupcake</p>	<p style="text-align: right;">25</p> <p>Meatloaf Mashed Potatoes w/Gravy Mixed Vegetables Mini Yeast Roll Rice Krispie Treat</p>	<p style="text-align: right;">26</p> <p>BBQ chicken w/ Bun Corn Broccoli Angel Food Cake Peaches</p>
<p style="text-align: right;">29</p> <p>Hot Dog w/ Bun Chili Coleslaw Red Bliss Potatoes Fruit Yogurt</p>	<p style="text-align: right;">30</p> <p>Baked Ziti (Meatless) Carrots Tossed Salad w/cucumbers & tomatoes Mini Yeast Roll Margarine Warm Fruit Crisp Salad Dressing</p>	<p style="text-align: right;">31</p> <p>Roast Pork w/ Gravy Rice Steamed Cabbage 2 Cookies Applesauce</p>		