Senior Centers Closing:
Wednesday, Nov. 11 - Veterans Day
Thursday & Friday, Nov. 26-27 - Thanksgiving
Thursday & Friday, Dec. 24 & 25 - Christmas

Happy Thanksgiving!

Merry Christmas!

Happy New Year!

Stanly County Senior Center
283 N. Third Street
Albemarle, NC 28001
Telephone: 704-986-3769
Fax: 704-986-3776
Hours of Operation:
Office Hours: Mon - Fri 8:30am - 5:00pm
Activity Hours Vary

West Stanly Senior Center
YMCA
213 Town Center Drive
Locust, NC 28097
Telephone: 980-354-8056
Hours of Operation:
Office Hours: Mon - Fri 10:00am - 4:00pm
Activity Hours Vary
AmazonSmile
Make a difference this holiday. Shop for gifts at smile.amazon.com/ch/31-1497958 to generate donations for Friends of the Senior Center Inc.

Basketweaving
Wednesday at 9:30am
Basket Weavers are beginning to meet to create beautiful and intricate baskets. If interested in learning please contact the front desk.

Bingo
Wednesday at 3:00pm
Join us on Wednesdays for an afternoon of fun, fellowship & prizes. Christmas Bingo will be held on Dec. 16th. Dress Up in Christmas Attire. The person decked out the most will win a prize!

Book Club
Readers & Eaters
Wednesday, Nov. 3 & Dec. 2 at 10:30am
The November meeting will be moved to First Baptist Fellowship Hall in Albemarle. The December meeting will resume at the Senior Center. Books for Nov/Dec Tattooist of Auschwitz by Heather Morris and Little Fires Everywhere by Celeste Ng.

Caring for the Soul
Last Wednesday of every month at 10:30am
Caring for the Soul is a faith-based support group offering counseling and open discussion in a group setting. It provides confidential space and opportunity to process and share with one another thoughts and feelings about the challenges and topics of today like the Covid-19 health pandemic, etc.

Chair Yoga
Tuesdays & Thursdays at 9:45
A wonderful class for beginners. This class focuses on stretching and breathing techniques.

Christmas Cooking Decorating
Tuesday, Dec. 15 at 2:00pm
Join us for an afternoon of decorating Christmas Cookies. We’ll enjoy being creative while filling a tummy with yummy cookies. Cost is $3.00

Creative Coloring
Fridays at 11:00am
Looking for a therapeutic activity? This activity is known to be a stress reducer. Join us on Fridays as we color unique pictures for the Holidays!

End of Year Hike-Falcon Trail
Thursday Dec. 17 at 2:00pm.
For all my Hikers new and advanced. We’re ending out the year on the Falcon Trail. This will be our last Hike of the Year. Sign up by calling the Front Desk.

Exercise with Frankie
Wednesday at 9:45am
An up beat class that will challenge you. Modifications are applied if you need them with the use of a chair.

Floor Yoga
Mondays at 11:00am
A flow class with Frankie that is done on the mat. This class is a moderate level yoga class.

Knitting
Tuesdays at 10:00am
Knitters will begin meeting on Tuesdays at the Center starting in September. All levels welcome. Please call if you plan to attend.

Line Dancing
Mondays & Fridays at 10:00am
Join us on Mondays & Fridays for an hour of fun and dancing. We learn new dances along with practicing all the old favorites.

Living Healthy Virtual Class
Tuesdays, Dec. 1-Jan. 5 2:00-3:00pm
Join us from the comfort of your own home. This class cover various topics that help you deal with Chronic Health Conditions. You can join via google meet or by phone. Space is limited. Please call to register.

Morrow Mountain Hike
First Thursday in Nov/Dec.
We will get outside and enjoy nature on the trails in Morrow Mountain. We will meet at the gate of Morrow Mountain at 2pm. Weather permitting.

New Year's Eve Line Dance Party
Thursday, Dec. 31 at 3:00pm
We’re going to send off 2020 with an afternoon of Dancing and celebrate ringing in the New Year to come!
Services Information

Nutrition

Grab & Go Meals available Monday-Friday at all 4 Lunch Sites.
Call Joy Richardson to sign up at 704-986-3773.

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<thead>
<tr>
<th>Nutrition Site</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Albemarle Nutrition Site</td>
<td>1816 E. Main St.</td>
<td>704-984-9418</td>
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<tr>
<td>Locust Nutrition Site</td>
<td>101 Park Drive</td>
<td>704-888-4265</td>
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<tr>
<td>Norwood Nutrition Site</td>
<td>247 West Turner St.</td>
<td>704-474-5177</td>
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<tr>
<td>Oakboro Nutrition Site</td>
<td>626 N. Long St.</td>
<td>704-485-8211</td>
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Volunteers are Needed for our Home Delivered Meal Program. If you are willing to volunteer your time, please contact Joy Richardson at 704-986-3773.

HOME DELIVERED MEALS are available to home-bound adults & are delivered by volunteers each week day. (There is a waiting list)

In-Home Services

IN-HOME AIDE SERVICES provide home management assistance, limited personal care, & respite for unpaid caregivers. (There is a waiting list).

FAMILY CAREGIVER SUPPORT PROGRAM provides information & assistance, help in receiving services, educational events, short-term respite, and supplemental services (such as incontinence supplies) to eligible caregivers of older adults.

Transportation

SCUSA TRANSPORTATION offers transportation by appointment to medical appointments, shopping, human service agencies, & nutrition sites.

Information & Options Counseling

Helps link seniors and those who assist them with resources, services, and supports through informed decision-making about options to help individuals maintain sufficient functional capacity to remain at home.

"ARE YOU OK?"
Is a free telephone contact to senior adults who live alone and desire this added sense of security.

TAX AIDES
Provide free income tax preparation for older adults during tax season.

SHIIP (Senior Health Insurance Information Program)
Offers help in explaining Medicare, Medicare Supplements, Medicare Part D & Long-Term Care Insurance as well as individual counseling for problems encountered in this area.

LEGAL AID
Legal Aid of NC provides free legal help to North Carolinians who are 60 years of age or older and need assistance with housing, consumer rights, public benefits, elder abuse and other civil (non-criminal) legal matters.

For more information on our services, please contact 704-986-3769.
Stanly County Senior Services Department

704-986-3769

SHIIP
SENIORS' HEALTH INSURANCE INFORMATION PROGRAM

Medicare Open Enrollment
October 15-December 7

Do you or a loved one have a Medicare Part D or Medicare Advantage Plan? If so, it’s time to review plans during Open Enrollment time from October 15th-December 7th. SHIIP can help you compare Plans and determine if a change is needed. Call 704-986-3813 for an appointment. This is an unmanned line so please leave a message and we will return the call within 3 business days or call 1-855-408-1212 to talk to a specialist or visit www.ncshiip.com. Extra help is available for people on Medicare with limited income and assets.
Call SHIIP to apply for assistance.

Appointments will be seen at the both Senior Centers:
November 2-25 (Stanly County Senior Center)
November 30-December 4 (Stanly County Senior Center)
November 2 & 5 (West Stanly Senior Center) Call 980-354-8056 to make appointments at WSSC
November 23 (West Stanly Senior Center) Call 980-354-8056 to make appointments at WSSC

Holiday Recipes
Share a Recipe or Two

Pizza Candy Cane Crescent

- One 8-ounce tube refrigerated rolled crescent dough
- 1/3 cup prepared pizza sauce, plus more for dipping
- 1/2 cup shredded mozzarella
- 24 slices pepperoni
- 2 tablespoons sesame seeds
- 2 large fresh basil leaves

Directions:
1. Preheat the oven to 400 degrees F. Unroll the crescent dough and separate the triangles along the perforated lines. Cut the triangles in half lengthwise so that you have 16 triangles.
2. Overlap 2 pieces of parchment to make a 24-inch-long piece. Arrange the crescent triangles lengthwise in a long row on top of the parchment, with the pointy ends upright and the flat ends overlapping just slightly. Spread the pizza sauce over the thickest part of the strip of dough (about 1 1/2- inches). Sprinkle the cheese over the sauce and top with a layer of pepperoni.
3. Fold the pointy ends of the dough over top of the pepperoni tucking them under the dough to enclose the filling. Gently curve the top end of the dough from the left to make a candy cane shape that is the length of the back of a baking sheet. Transfer the parchment onto the back of a baking sheet. Spread the sesame seeds on top of the dough. Bake until the dough is golden brown and the cheese is melted, 8 to 10 minutes. Tuck the basil leaves into the candy cane to make a bow. Serve with more sauce for dipping.

Homemade Peppermint Patties

- 1/4 cup softened butter
- 1/3 cup light corn syrup
- 1-2 tsp peppermint extract*
- 3 cups powdered sugar
- 2 cups dark dipping chocolate
  **chocolate jimmies, if desired

Directions:
1. Combine butter, corn syrup, extract and powdered sugar in a mixing bowl. Mix with an electric mixer for about 3 minutes, until ingredients are well combined and are holding together.
2. Remove dough from bowl and break off about 2 teaspoon-sized sections. Roll into a ball and gently flatten with your hands. Put patties down on a pan lined with wax or parchment paper. Once all patties are made, place pan in the freezer for 10-15 minutes.
3. Melt chocolate in microwave for 1 minute 20 seconds. Let sit for an additional minute in the microwave. Remove and gently stir. Remove peppermint patties from freezer. Use a fork or a handy Winton Dipping tool like I did to dip each patty in the chocolate, flip to coat the other side, then tap to remove any excess. Transfer chocolate coated patties to wax paper to cool. Top with chocolate jimmies if you’d like.
4. Store in an airtight container, refrigerate if preferred but it’s not necessary. Yields 40 mints.
Painting for Fun
Mondays at 1:00pm
Painting for Fun is a group that meets each week to work on personal paintings but enjoys the company of others while doing so. Join us on Monday afternoons to work on your piece of art.

Ping Pong Tournament
Thursday, Dec. 10 at 2:00pm
We’re rolling out the Ping Pong Tables at the Senior Center for an interactive Tournament. We’ll be playing singles due social distancing. Sign up today!

Stammtisch
4th Wednesday at 3:00pm
A German speaking group that gets together to enjoy one another's company.

Step & Flex / Sit N' Fit
Mondays at 1:15pm & 1:45pm
The first 30 minutes is focused on lite cardio with the last half of the class focused on chair work along with strength exercise.

Tai Chi
Wednesdays at 10:30am
Tai Chi is a slow moving form of martial arts. This class has a focus on Arthritis and Diabetes. Join us as we move through both practices.

Woodcarving
Thursdays at 9:00am
This group of men and women meet each week to whittle intricate pieces of wood. All levels are welcome!

Turkey Trot
Thursday before Thanksgiving at 2:00pm
Meet at Rock Creek Park for a 2 mile Turkey Trot on Nov. 19th. We’ll Gobble our way to the end and back. You can Trot as slow or as fast as you would like. RSVP by calling.

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Friends Fundraiser
Envelope Fundraising Campaign beginning Dec. 1
Pick from the Tree of Envelopes and give your contribution!

The Friends of the Senior Center is an organization that provides ongoing financial and moral support to the Senior Services Department, and in turn will help to enhance the quality of life for older adults in Stanly County.

To make our vision a reality: We promote the Senior Center, its programs and activities. We provide volunteer time and support of programs and activities. We provide funding for services, equipment, and programs. We conduct a variety of fundraising events throughout the year. We are a volunteer, non-profit, tax exempt organization governed by a 15-member board of directors elected by the membership.

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News from the Friends of the Senior Center...

For the past three years the Friends of the Senior Center have been working on an overall plan to convert the back yard into a multipurpose area.

At the beginning of this year a concrete patio was completed and has been used for a variety of activities. We are pleased to announce a new Sun-Shade has been ordered to cover this area increasing the time the patio can be utilized. The Sun-Shade is 40ft long, 8ft high and will extend 14ft over the concrete patio. We expect the Sun-Shade to be installed sometime in December.

In addition, the remainder of the back lot will be landscaped after the Sun-Shade installation. The project includes; black aluminum fencing around the perimeter of the lot, a semi-circle of pavers with a sitting wall & columns, a variety of plants, shrubs, trees and accent lighting.

At long last, a beautiful area to meet and enjoy the many activities offered by the Senior Center.

Craig Reich
Friends of the Senior Center President
Book Club
If you love to read and share your thoughts with others, join the Book Club. Each month’s book title will be announced on the first of each month. The group meets on the fourth Wednesday of the Month.

Drive-up Fridays
Drive up in front of WSSC for a holiday treat on 11/20 and 12/18 between 11:00 am-12:00 pm. Turkeys will meet you at the car in November. Santa and an elf will greet you in December. Stop by for some holiday cheer and treats!

Flex & Stretch
Jamie Hedrick will be teach two classes each week! On Mondays at 11:30 she will teach Flex and Stretch. On Wednesdays, she will teach Strength Training at 11:30.

Free Flu Shots
Moose Pharmacy will administer flu shots on Monday, 11/16 from 1:00-2:00 pm at WSSC. Please call to reserve your shot and bring your insurance card.

Line Dancing
Line Dancing is a great way to have some fun while getting some exercise. Pamela will be teaching some popular and new dances on the second Friday of each month at 2:00 pm.

Living Healthy with Chronic Pain
The Living Healthy with Chronic Pain workshop helps people who experience a wide range of chronic pain conditions, musculoskeletal pain, fibromyalgia, repetitive strain injury, neuropathic pain, etc. This 2 hour workshop that is held once a week for 6 weeks will take you through varies topics such as Pacing Activity & Rest, Fitness & Exercise, Difficult Emotions, Communication, Healthy Eating. Space is Limited so please call to sign up for this workshop that will be on Mondays 2:00-4:00pm starting Nov. 23-Dec. 28

Men’s Pool
If you haven’t played pool in years or want to learn how, join the guys on Thursdays at 1:00 for Men’s Pool. It’s a great time to get together and have fun. New players are always welcome.

Monthly Crafts
Thursday, Nov. 12 at 1:00 pm. Join Nancy to make a small, simple fall floral arrangement. Cost $3. Wednesday, Dec. 9 at 1:00 pm. Join Penny and Penny to learn how to make a large, fun mesh poinsettia wreath. $5

Motivational Mondays
Join Faye Love for a time to study and discuss biblical truth with others on the second Monday of each month at 1:00pm.

Movie of the Month
On the third Wednesdays of each month:

Wednesday, Nov 18 at 1:00 pm
“Secondhand Lions” A coming-of-age story about a shy, young boy sent by his irresponsible mother to spend the summer with his wealthy, eccentric uncles in Texas.

Wednesday, Dec. 16 at 1:00 pm “Miracle on 34th Street” A lawyer and a little girl must prove that a man claiming to be Santa Claus is the real thing.

New Year’s Eve Party
Thurs, 12/31 at 1:00 pm. Who isn’t ready to usher 2020 out the door? Let’s come together to celebrate the end of this difficult year and look forward better days. We will enjoy finger foods, music, games, friends and a traditional count down.

Prayerful Meditation
If you are finding these times to be difficult and could use some help centering your thoughts, please consider attending Prayerful Meditation on the second and fourth Thursday of each month. Participants may sit in a chair or on a mat.

YMCA Mission:
“To put Christian principals into practice through programs that build a healthy spirit, mind and body for all.”
Rock Painting
Cookie will lead Rock Painting on the third Friday of each month at 1:00 pm. Participants always have such fun painting their seasonal stones.

Self-Care Workshop
Monday, 11/16 at 2:00 pm. Kara Finch, Program Head of Human Services Technology at Stanly Community College, will lead participants in a class that teaches how to care for yourself, especially during the holidays. There is always so much to do in order to prepare for food, family, friends, etc. We often forget about ourselves. Kara is a wonderful trainer and passionate about mental health. You will definitely learn something new! Please sign-up to secure your place in the class.

Stay Connected Without Getting Together
Friday, 11/13 at 1:00 pm: In this time of social distancing, many people are still enjoying time with family and friends through virtual group meetings. If this seems difficult or overwhelming, you need to attend this class! Emily James from the YMCA, will teach participants how to set up and join group meetings on your computer, tablet or smart phone.

Stretch, Tone and Pray
Angie Buchanan will be teaching two Stretch, Tone and Pray classes on Tuesdays. $3/class

Tai Chi
Ronnie Tucker is our wonderful instructor who teaches two Tai Chi classes on Tuesdays.

WSSC provides Christmas for a family in need
Many families have struggled this year due to the pandemic and loss of work. In spite of the challenges many have faced, we can provide a wonderful, magical Christmas for one family. Information for a specific family’s needs will be available in early November. All gifts must be turned in by Tues, 12/15. We will host a gift wrapping party on Thurs, 12/17 to prepare for delivery.

Thank you to Metrolina Mulch for the donation of rocks for our monthly “Rock Painting” class! Stop by and check out their landscape supplies at 3975 Hwy 24-27.

WSSC Senior Activity Kits
Our goal is to help spread kindness & joy by creating Activity Kits to give to Seniors, giving them a chance to be active & occupied during long days of isolation.

Items Needed:
- Crossword Books
- Search-a-Word Books
- Note cards
- Stamps
- Coloring Books
- Colored Pencils
- Puzzles
- Pens
- Sugar free candy / treats
- Letter pads
- Tote bags

Please Drop off donations at the Center by 11/18/20.

Activity Kit Packaging: Thursday, 11/19 @ 11:00 am
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<th>Monday</th>
<th>Tuesday</th>
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<td>10:00-Line Dancing</td>
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<td>11:00-Floor Yoga</td>
<td>10:30-Tai Chi Outside</td>
<td>9:00-Woodcarving</td>
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<td>1:15-Step &amp; Flex</td>
<td>3:00-Bingo</td>
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<td><strong>ELECTION DAY</strong></td>
<td><strong>All Senior Center Activities Cancelled</strong></td>
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<td>10:00-Line Dancing</td>
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<td>11:00-Floor Yoga</td>
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<td>1:45-Sit N’ Fit</td>
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<td>11:00-Floor Yoga</td>
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<td>1:45-Sit N’ Fit</td>
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<td>10:30-Tai Chi</td>
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<td>10:30-Caring for the Soul-Support Group</td>
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Where events are held:

- All activities held in the Big Room unless otherwise stated.

$-Cost to Activity

*Calendar is subject to change*
<table>
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<tr>
<th>Monday</th>
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</table>
| 1           | 9:45-Chair Yoga  
10:00-Knitting  
2:00-Living Healthy Virtual | 2                                  |                                   |                             |
| 2           | 9:00-Basketweaving  
9:45-Exercise w/ Frankie  
10:30-Tai Chi  
10:30-Book Club  
3:00-Bingo | 3                                  | 9:00-Woodcarving  
9:45-Chair Yoga  
2:00-Morrow Mountain Hike | 4                             |
| 3           |                             |                                    |                                    | 10:00-Line Dancing  
11:00-Creative Coloring |
| 4           |                             |                                    |                                    |                             |
| 7           | 10:00-Line Dancing  
11:00-Floor Yoga  
1:15-Step & Flex  
1:45-Sit N' Fit | 8                                  | 9                                  |                             |
| 8           | 9:45-Chair Yoga  
10:00-Knitting  
2:00-Living Healthy Virtual | 9                                  | 9:00-Basketweaving  
9:45-Exercise w/ Frankie  
10:30-Tai Chi  
3:00-Bingo |                             |
| 9           |                             | 10                                 | 9:00-Woodcarving  
9:45-Chair Yoga  
2:00-Ping Pong Tournament |                             |
| 10          |                             | 11                                 |                                    |                             |
| 11          | 10:00-Line Dancing  
11:00-Creative Coloring |                             |                                    |                             |
| 14          | 10:00-Line Dancing  
11:00-Floor Yoga  
1:15-Step & Flex  
1:45-Sit N' Fit | 15                                 | 16                                 |                             |
| 15          | 9:45-Chair Yoga  
10:00-Knitting  
2:00-Living Healthy Virtual  
2:00-Christmas Cookie Decorating $ | 16                                 | 9:00-Basketweaving  
9:45-Exercise w/ Frankie  
10:30-Tai Chi  
3:00-Christmas Bingo |                             |
| 16          |                             |                                    |                                    |                             |
| 17          | 9:00-Woodcarving  
9:45-Chair Yoga  
2:00-End of Year Hike Falcon Trail | 18                                 | 10:00-Line Dancing  
11:00-Creative Coloring |                             |
| 18          |                             |                                    |                                    |                             |
| 21          | 10:00-Line Dancing  
11:00-Floor Yoga  
1:15-Step & Flex  
1:45-Sit N' Fit | 22                                 | 23                                 |                             |
| 22          | 9:45-Chair Yoga  
10:00-Knitting  
2:00-Living Healthy Virtual | 23                                 | 9:00-Basketweaving  
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10:30-Tai Chi  
3:00-Stammtisch |                             |
| 23          |                             |                                    |                                    |                             |
| 24          | 9:00-End of Year Hike Falcon Trail |                             |                                    |                             |
| 25          | Closed for Christmas |                             |                                    |                             |
| 26          | Closed for Christmas |                             |                                    |                             |
| 27          |                             |                                    |                                    |                             |
| 28          | 10:00-Line Dancing  
11:00-Floor Yoga  
1:15-Step & Flex  
1:45-Sit N' Fit | 29                                 | 30                                 |                             |
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</table>
| 10:00-Lite Exercise  
11:30-Flex & Stretch  
1:00-Thanksgiving Coloring | 10:00-1:00-Medicare Part D Appointments  
1:00-Tai Chi  
2:00-Tai Chi | 10:00-Lite Exercise  
11:30-Strength Training  
1:00-Bingo | 10:00-1:00-Medicare Part D Appointments  
1:00-Men's Pool  
1:00-Smart Phone Class  
2:00-Smart Phone Class | 10:00-Lite Exercise  
12:00-Connect, Create, Serve |
| 9      | 10      | 11        | 12       | 13     |
| 10:00-Lite Exercise  
11:30-Flex & Stretch  
1:00-Motivational Monday with Faye | 11:00-Stretch, Tone & Pray $  
1:00-Tai Chi  
2:00-Tai Chi | Closed for Veterans Day | 10:15-Prayerful Meditation  
1:00-Men's Pool  
1:00-Fall Craft-Fall Floral $ | 10:00-Lite Exercise  
1:00-Stay Connected with Zoom  
2:00-Line Dancing |
| 16     | 17      | 18        | 19       | 20     |
| 10:00-Lite Exercise  
11:30-Flex & Stretch  
1:00-Flu Shots  
2:00-Self-Care | 11:00-Stretch, Tone & Pray $  
1:00-Tai Chi  
2:00-Tai Chi | 10:00-Lite Exercise  
11:30-Strength Training  
1:00-Movie "Secondhand Lions"  
3:00-Book Club | 11:00-Senior Kit Packing Event  
1:00-Men's Pool | 10:00-Lite Exercise  
11:00-Drive Up Turkey Event  
1:00-Rock Painting |
| 23     | 24      | 25        | 26       | 27     |
| 10:00-Lite Exercise  
11:30-Flex & Stretch  
1:00-4:00-Medicare Part D Appointments  
2:00-Chronic Pain Class | 11:00-Stretch, Tone & Pray $  
1:00-Tai Chi  
2:00-Tai Chi | 10:00-Lite Exercise  
11:30-Strength Training | Closed for Thanksgiving | Closed for Thanksgiving |
<p>| 30     |         |           |          |        |</p>
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<td>11:00-Stretch, Tone &amp; Pray $</td>
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<td>11:00-Masterpiece Coloring</td>
<td>10:00-Lite Exercise 12:00-3:00-Connect, Create, Serve</td>
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<td>1:00-Tai Chi</td>
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<td>10:00-Lite Exercise</td>
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<td>11:30-Flex &amp; Stretch</td>
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<td>10:15-Prayerful Meditation 1:00-Men's Pool 1:00-Smart Phone Class 2:15-Smart Phone Class</td>
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<td>2:00-Chronic Pain Class</td>
<td>1:00-Tai Chi</td>
<td>11:30-Strength Training</td>
<td>1:00-Christmas Craft</td>
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<td>2:00-Tai Chi</td>
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<td>1:00-Christmas Craft</td>
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<td>10:00-Lite Exercise</td>
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<td>10:00-Lite Exercise</td>
<td>11:00-Masterpiece Coloring 1:00-Men's Pool</td>
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<td>1:00-Motivational Monday with Faye</td>
<td>1:00-Tai Chi</td>
<td>11:30-Strength Training</td>
<td>1:00-Movie &quot;Miracle on 34th Street&quot;</td>
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<td>2:00-Chronic Pain Class</td>
<td>2:00-Tai Chi</td>
<td>1:00-Movie &quot;Miracle on 34th Street&quot;</td>
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<td>2:00-Tai Chi</td>
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<td>10:00-Lite Exercise</td>
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<td>11:00-December with Faye</td>
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The mission of the Senior Services Department is to enhance the quality of life for older adults in Stanly County by providing a range of services, programs, supports, and opportunities for adults 60 years old and older.